

## Post Shorts

### Recycling schedule



The recycling pickup for Wednesday, April 10, is plastic, glass and metal. Put items in blue bags and place them on the curb.

### Recruit the recruiter team to visit

How does more money, faster promotions and assignment preference sound to you? The Recruit the Recruiter Team from Headquarters, U.S. Army Recruiting Command, Fort Knox, Ky., will brief on the challenges, benefits and opportunities of becoming a recruiter, April 11, 9:30 a.m. to 1:30 p.m., building 3147, room 207.

Attendance by all non-commissioned officers is encouraged. This briefing in no way obligates attendees for recruiting duty; a personal interview following the briefing will determine qualifications.

More information can be found at Web site [www.usarec.army.mil/hq/recruiter](http://www.usarec.army.mil/hq/recruiter) or contact Sgt. 1st Class Larry Luden at 502-626-0457.

For information, contact Master Sgt. Stanley Edwards or Sgt. 1st Class Ann Westman at 410-278-2769.



### Spring forward

Clocks should be turned forward one hour before retiring for the night on Saturday. Daylight-saving time begins at 2 a.m. Sunday.

### S&T Board presents development forum

The APG Science and Technology Board will present The APG Professional Development Forum at two locations: Top of the Bay at 10 a.m. and Gunpowder Club, Tuesday, April 23 at 2 p.m. Following a brief presentation on academic programs and partners at the HEAT Center, representatives from 12 colleges and universities will help participants explore options for higher education in Harford County. There will be door prizes and refreshments.

For more information,

See **SHORTS**, page 2

# Despite clouds, sunrise service bright



Photo by YVONNE JOHNSON

From left, Alli Long, 5, and Tori Long, 9, listen attentively as Maj. Ernest Vermont, right, 61st Ordnance Brigade chaplain, delivers an Easter message during the Protestant service at the Edgewood Area Chapel on Easter Sunday. Vermont joined the rest of the installation chaplains in hosting the Easter Sunrise Service on the Aberdeen Area's Fanshaw Field earlier in the morning.

**Yvonne Johnson**  
APG News

It was a cool, gray morning, but the spirit of the celebrants at Aberdeen Proving Ground's Easter Sunrise Service was warm and bright.

Even an overcast sky and threatening clouds could not dampen the enthusiasm of worshipers who gathered to celebrate the Resurrection during the early Sunday morning service on Fanshaw Field.

Lt. Col. Kenneth Kolenbrander, APG garrison chaplain, opened the program, welcoming the crowd then delivering the invocation.

"We are delighted to have you with us this morning," he said before offering thanks for the risen Christ, asking for "blessings on our worship and our prayers."

Maj. Gen. John C. Doesburg, commander of APG and the U.S. Army Soldier and Biological Chemical Command, gave the welcome, noting it was his fourth APG sunrise service.

He extended a special thanks and warm welcome to the installation chaplains for the annual gathering.

"They alone and they together are the power of this particular service," Doesburg said.

He encouraged all to remember deployed service-members as well as members of the proving ground who

See **EASTER**, page 6

## AFTB -- where to turn to learn

**Sheila Little**  
APG News

When soldiers join the military, a lot of time and training is spent teaching them what to do under various circumstances and where to go to get equipment and supplies.

Until just a few years ago, however, spouses of soldiers who were unavailable or uncommunicative had few places to turn to for information. With the advent of Army Family Team Building, or AFTB, all that has changed.

AFTB is a volunteer-led program that provides training and knowledge to spouses and family members, giving them the tools to learn what is available to Army families to help them become effective and supportive members of their military community.

At Aberdeen Proving Ground, Diana Jackson, a master instructor and wife of a retired career soldier, leads AFTB.

See **AFTB**, page 7

## ACS shows support for children

April is National Child Abuse Prevention Month and Month of the Military Child. Army Community Service, or ACS, will offer activities and educational programs to promote family well being throughout the month.

One of the activities ACS will sponsor to observe Child Abuse Prevention Month is the Blue Ribbon Campaign. The campaign begins during ACS' Open House today, at building 2754. Blue ribbons will be available to place on vehicle antennas or to wear on lapels.

The Blue Ribbon campaign was founded by Bonnie Finney, whose grandson was killed at the hands of his abuser. Her story is highlighted below.

ACS will host its first talent show for children and teenagers, "Showtime at APG" on April 22, from 6:30 to 8:30 p.m. at the Aberdeen Recreation Center. Auditions will be held on April 8 at building 2754. For more information, contact Reeshemah Bugg or Laura Reich, 410-278-2420/7478.

### The Story Behind the Blue Ribbon

In the spring of 1989, Bonnie Finney, a Norfolk, Va., grandmother took a stand against child abuse when she tied a blue ribbon to the

antenna of her van. It was a signal to her community of her personal commitment to involve everyone in the battle against child abuse.

This is Bonnie's voice:

"It's been so long since I sat by his side in the hospital. Of course, I knew something was wrong as I sat there.

I saw fear on his face, the bruises on his body and the healing cigarette burns on his hands. I only had one child. She was a beautiful little girl. She was the light of our eyes. We knew she had entered into a stormy marriage, for we brought her home several times in the five years the marriage lasted. We suspected heavy use of drugs, but in those five years, three beautiful, healthy children had been born. I loved them dearly and they loved me. The children were 16 months, three years and four years old.

After the ordeal at the hospital, my grandson was placed in foster care for three weeks. He cried when they came to take him back to his mother. He told his foster mother, 'My mamma don't love me,' and he begged to stay. I ached for his dilemma. But I was not physically able to care for him and the courts

See **CHILDREN**, page 8



## AER contributions climbing

**Yvonne Johnson**  
APG News

As of April 1, total contributions to the Aberdeen Proving Ground Army Emergency Relief campaign stand at \$6,990.

During the week of March 25 the following units turned in donations totaling \$1,528: HHC, 16th Ordnance Battalion, Company A 143rd Ordnance Battalion and 520th Theater Army Medical Laboratory.

### AER for education

The Army Emergency Relief has an education scholarship program for undergraduate children of retired and active-duty military.

Those eligible for AER scholarships include dependent children of:

- soldiers on extended active duty,
- reserve and National Guard members on continuous active duty for more than 30

See **AER**, page 3

## Female soldiers remember Army legacy



Photo by YVONNE JOHNSON

Members of the Aberdeen Freestate Chapter 70 Women's Army Corps Veterans' Association stand next to APG soldiers modeling the uniforms of their era. From left, Pvt. Latoya Manuel, Velma Alsina, Pvt. Jasmine Bodiford, Pvt. Camilla Gisa, Sheila Smith, Julia Oliver and Wanda Story.

**Yvonne Johnson**  
APG News

A group of Aberdeen Proving Ground soldiers delivered a poignant reminder of the contributions of women in the military during the Women Sharpening Women program at Top of the Bay on March 14.

Sgt. 1st Class Venesia Denson, Headquarters and Headquarters Company, 143rd Ordnance Battalion, organized the program which was emceed by Maj. Gwendolyn Roland, Headquarters and Headquarters Company, 61st Ordnance Brigade.

The program featured three guest speakers, a fashion show of past Army uniforms, music, song, dance and poetry, and a series of skits depicting the unique challenges facing Army women.

Lt. Col. Jill Grant, APG staff judge advocate, Wanda Story, president of the

Freestate Chapter 70, Women's Army Corps Veterans' Association, or WACVA, and evangelist Barbara Polite were the guest speakers.

Roland welcomed the audience noting the program's theme.

"Women Sharpening Women is in recognition of the importance of each woman's life and the impact her strength, dedication, courage and love has made on the world," Roland said.

After the singing of the national anthem by Staff Sgt. Janice Farmer and a buffet luncheon, the show commenced with the Legacy of Courage fashion show, narrated by Story. Female soldiers modeled period uniforms as Story described the evolution of the female uniform from World War II to present.

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# Post tenants receive ethics award

**Dave Scott**  
OSJA

Scandal and unethical behavior tend to dominate today’s headlines. It seems that those who serve the American public ethically and “by the book” don’t always get the recognition they deserve. Instead, there appears to be more effort to sensationalize the negative aspects of people rather than celebrate the good.

The Army has reason to take a different view. The U.S. Army Center for Health Promotion and Preventive Medicine, U.S. Army Soldier and Biological Chemical Command, U.S. Army Environmental Center, U.S. Army Developmental Test Command, and Garrison, Aberdeen Proving Ground each received the Outstanding Ethics Program award, presented by Amy Comstock, Director of the Office of Government Ethics, or OGE, at the OGE Annual Conference. Gen. Eric K. Shinseki, United States Army chief of Staff, , sent letters to the commanders congratulating them for receiving the distinguished award. “As we fight the war on terrorism, accelerate the Army’s Transformation and continue to fulfill our ongoing commitments around the world, we must continue to manifest the high-

est levels of ethics and integrity in all that we do. You and your organization{s} are obviously doing your part,” Shinseki wrote. This recognition resulted after OGE, the agency that monitors the federal ethics program, conducted a five-day unannounced audit last year. “An effective ethics program provides the base of integrity upon which all agency operations are built,” said Jack Covaleski, deputy director of the Office of Agency Programs for OGE. The legal office representing each organization is responsible for ensuring that employees comply with the Joint Ethics Regulation, Procurement Integrity Act, and all other laws, regulations, and policies guiding the ethical conduct of federal personnel. In addition to disseminating informative government ethics information to all personnel, trained attorneys also present annual government ethics training lectures to all personnel required to complete financial disclosure forms. Attorneys appointed as ethics counselors review each of the forms in great detail to determine potential or actual conflicts of interest. “The training is important because a lot of what we teach is not intuitive,” Lt. Col. Richard A. Jaynes, command counsel for

AEC, said. “For example, if we are talking about gifts, your parents probably taught you to say ‘thank you’ when someone gives you a gift. If someone that does business with the government tries to give a government employee a gift, the employee may still say ‘thank you,’ but also ‘I can’t accept that gift if it does not meet specific criteria in ethics rules.’” As part of the ethics program, ethics attorneys provide advice to federal personnel on a variety of government ethics issues regarding conflicts of interest, dealing with non-federal entities, gifts in the workplace, appropriate use of government property and equipment, post-government employment rules, off duty employment, proper use of appropriated dollars, travel benefits and more. “Most government agencies have a good, sound ethics program,” Covaleski said. “We are proud of that fact and by giving agencies this recognition when they deserve it, we are able to show the American public what a good job the military is doing.” (Editor’s Note: Jeannie Skillman, U.S. Army Environmental Center and Bell Riley, U.S. Army Center for Health Promotion and Preventive Medicine, contributed to this article.)

# Preventing sexually transmitted disease in adolescents

**Maj. Sharon Reese**  
CHPPM

It is not a subject parents like to think about when thinking about children. “My child is not going to have sex until he is at least 35” is what people laughingly say. But according to the Centers for Disease Control and Prevention, or CDC, in the 1999 Youth Risk Behavior Surveillance re-port, 49.9 percent of teens grades nine to 12 indicated they have had sex at least once.

**Curable diseases** There are numerous diseases spread primarily by sexual activity. The good news is that the majority of these have a cure available. The bad news is that often these diseases have no symptoms. It is estimated that 75 percent of women and 50 percent of men with Chlamydia have no symptoms. Unless a person happens to be screened for a sexually transmitted disease, or STD, the person will not know they are infected. With no symptoms, that person looks no different than anyone else and has no outward signs of illness. If the infected person continues to be sexually active, the disease spreads. Studies also show that having an STD increases the chance of infection with Human Immunodeficiency Virus, or HIV. The number of STDs in adolescents remains high. About 25 percent (approximately 3 million) of all new STD cases each year are among adolescents, according to the CDC. Of new STD cases each year in the U. S., two thirds of the individuals are under the age of 25. Chlamydia and gonorrhea are the most common curable STDs among teens. Curable STDs are caused by bacteria and can normally be killed with antibiotics. However, untreated disease can cause severe health problems later in life such as pelvic inflammatory disease, infertility and tubal pregnan-

cies. There may be serious complications for babies born of women with untreated disease. The more times a person is infected with an STD, the



greater the chance they will develop complications that may not be easily treated. **No cure** There are other STDs that have no cure. These diseases are normally caused by a virus and are diseases such as Herpes, Human Papillomavirus, or HPV, Hepatitis B, and of course, HIV. Herpes Simplex Virus type 2, or HSV-2, or genital herpes causes painful ulcers. The ulcers can be treated, but the disease cannot be cured. The disease can be spread, even when ulcers are not present, to sex partners and from mother to baby during delivery. HPV is also spread sexually. This virus sometimes causes genital warts but often has no symptoms. HPV has grown as a public health concern after studies showed that certain types of HPV could cause cervical cancer. STDs can affect anyone regardless of age, race, culture, or economic group. **Communication** It is important that parents talk with their children. Chil-dren are exposed to

many things in the media no matter how careful parents are. If a child does not feel comfortable asking their parents about sex, they will talk to someone with whom they do feel comfortable, generally their friends. They may or may not hear the answers you want them to hear. Children need to be aware of the responsibilities that go along with being sexually active. If an adolescent is going to be sexually active, it is important that they know that condoms are the only form of birth control that protects against STDs. However, condoms are not 100 percent effective. Adolescents need to be aware that the only 100 percent effective way to prevent STD infection is abstinence. Many parents are hesitant about discussing sex with their children. They may have been raised in a family where sex was not discussed or feel they do not know what to say. There are a number of books and pamphlets available on sexuality. It is not important to have all the technical terms, or even all the answers, but rather that the parent tries and is supportive. There are several sources on the Internet for information on STDs, prevention, and talking to your children. The following Web sites include just a few sources of information on the subject: [http://www.nnfr.org/adolesc/fact/adolesc\\_talkteen.html](http://www.nnfr.org/adolesc/fact/adolesc_talkteen.html), <http://www.iwannaknow.org/>, <http://parenting-teens.about.com/>, <http://www.cdc.gov/>, <http://www.nehc.med.navy.mil/>.



Photo by MASTER SERGEANT MIKE REID  
Security Forces Staff Sgt. Paul Schafer works as the central security controller at the 175th Security Forces Squadron located at Martin State Airport. Schafer was called to active duty in support of Operation Enduring Freedom Oct. 10. He continues to work part-time on his off-duty days as a project manager for the Restoration Branch at the U.S. Army Environmental Center.

# ESGR honors employees

**Hester Hayes**  
AEC

The U.S. Army Environmental Center, or AEC, and VERSAR, one of its contractors, were honored March 5 by the Employer Support of the Guard & Reserve, or ESGR, for the support given to personnel who were called to active duty after Sept. 11. James D. Daniel and Robert A. Snyder, AEC employees, and Jeffery Wagonhurst, of VERSAR, were presented the “Committee Chair Award” by Brig. Gen. Arthur W. Pulket, vice chairman of ESGR, under the Department of Defense. “Once in a while someone goes above and beyond the requirement of the law to support the servicemember,” Pulket said. “I didn’t expect it and it was a nice surprise. My thoughts are that it shouldn’t be necessary for me to be thanked for something I’m supposed to do anyway - to take care of our own whether they are military, civilian or contractor. Supporting our military is the right thing to do,” Daniel said. Snyder, the AEC contracting officer’s representative for the VERSAR contract said, “I’m humbled that I am receiving an award while the hard work and real sacrifice is given by the folks on active duty.” Paul Schafer, a VERSAR employee who works in AEC’s Assistance Branch of the Environmental Restoration Division, submitted the award nominations because of the support provided him when he was called to active duty with the U.S. Air Force.

# AER

**From front page**

consecutive days, • soldiers who retired from active duty for longevity, because of physical disability, or 60-years old for reserve components, • soldiers officially on the Retired Reserve list but not yet receiving retired pay, and • deceased soldiers who died while on active-duty or after retirement. Funds for scholarships are provided as grants for dependent children based on financial need.



# OC&S reaches out to high school seniors



Photo by 1st LT. DAVID E. SULLIVAN  
*Master Sgt. Gerald Oliver, far right, division chief in the tracked vehicle maintenance program, briefs a group of Edgewood High School seniors in Downer Hall during an outreach tour sponsored by local Army recruiters and Company B, 143rd Ordnance Battalion.*

**1st Lt. David E. Sullivan**  
*OC&S*

Eleven Edgewood High School seniors got to skip class the smart way, thanks to a recruiting program sponsored by Company B, 143rd Ordnance Battalion in the Edgewood Area of Aberdeen Proving Ground.

The students spent the day with soldiers from the U.S. Army Ordnance Center and

Schools unit as guests of the Advanced Individual Training support unit’s outreach project. The tour was coordinated by recruiter Sgt. 1st Class William Whitaker and Company B 16th Senior Drill Sgt. Keith Strain.

The students toured Downer Hall, the battalion’s primary education building, where maintenance soldiers learn how to troubleshoot and repair Army vehicles and equipment.

Master Sgt. Gerald Oliver, tracked vehicle maintenance program division chief, directed the tour of the facility that hosts nearly every type of vehicle in the Army inventory from the high mobility multi-purpose wheeled vehicle, or HMMWV, to the M1 Abrams tank. The student got to touch, climb on, or sit in the driver’s seat of nearly every vehicle.

“It’s an honor to bring the students through and give them see what they may want to do one day, and encourage them to prepare for the future,” Oliver said after the tour.

From Downer Hall, the seniors were bused to the Company B 143rd administration building, where they watched a video on what they might experience in advanced individual training, or AIT. The video shows how soldiers train on vehicles and equipment, conduct physical training, and practice drill and ceremonies.

After the movie, the students attended a workshop with AIT soldiers who answered students’ questions

about the Army. Pvts. Tina Williams and Heidi Aguilar said the active duty Army as well as the Reserves or National Guard options offer great opportunities for young people just starting out. They explained that although AIT is not easy, it isn’t impossible either.

“It’s definitely challenging, but after you realize you can run faster and farther and can do things you never thought you could do before, while serving your country, it makes it all worth it,” Williams said.

School administrators view this as an opportunity for the students to set goals.

“I think the students are interested because they’re seniors and haven’t made any plans yet. They see this as an opportunity to get started,” said Edgewood High School guidance counselor Ed Knox.

He and the students enjoyed a military-style lunch at the battalion dining facility compliments of Company B 143rd before departing with thanks for sharing information about career opportunities available in the military.

## Understanding heartburn

Gastroesophageal reflux disease affects millions of people in the United States. Its main symptoms are heartburn, a burning sensation in the chest and occasionally a bitter taste in the mouth.

Heartburn is caused when juices from the stomach move backward up the esophagus. Symptoms of heartburn include middle back pain and can sometimes feel like a heart attack. Lying down worsens symptoms because juices are able to flow from the stomach to the esophagus more easily.



meal, giving your stomach time to empty.

Heartburn can be easily managed if you alter your diet slightly and follow the simple guidelines above.

If heartburn persists, consult your doctor to see if medication is right for you.

If you have questions, call the 24-hour Health Care Information Line for help. The line is staffed by registered nurses who can help determine the non-emergency or self-care needed in the proper setting and can provide information on health issues.

Call 1-800-308-3518 anytime to speak to a nurse or to access the Health Information Library (Pin #208).

*(Editor’s note: Sierra Military Health Services, Inc., the TRICARE administrator for TRICARE Northeast, presents this information courtesy of the National Institute of Health.)*



Photos by ROBERT DIMICHELE

*Deborah Elliott, a senior consultant with the U.S. Army Environmental Center, demonstrates the various methods of cleaning up after an oil spill as part of Edgewood Elementary School Science Night. Her audience, from left, includes Andre Joyner Jr., Janell Joyner, Benjamin Kambic, Vicki Kambic, Christopher Pannell and Jacob Roe.*



*JanMichael Graine, an AEC environmental protection specialist, discusses the Chesapeake Bay Watershed with children at the fifth Edgewood Elementary School Science Night.*

# AEC, Edgewood Elementary School team up for Science Night

**Jeannie Skillman**  
AEC

The U.S. Army Environmental Center, or AEC, and Edgewood Elementary School, or EES, students teamed up for a lesson in science and environmental awareness when they took part in the fifth annual science night at Edgewood Elementary School.

Volunteers from AEC set up learning stations designed to give students hands-on experience in solving environmental issues facing today's world. Oil cleanup, the Chesapeake Bay Program, a balloon animal zoo, and water erosion were some of the topics discussed.

"Our station was set up like a game where the students played roles as soil particles, raindrops, and grass. The parents even got involved as trees," Ivan Sosa, a physical scientist with AEC, said. "The kids got a chance to learn about how vegetation acts as a buffer and filters impurities helping to keep our stream waters clean."

The opportunity also gave many members of Cub Scout Pack 651 a chance to complete one part of the science achievement badge outlined in their handbook.

"The handbook guides the boys through specific topics, one of them being science, to help them improve character, build teamwork and become better citizens," Joyce Carter, Bear den leader for Cub Scout Pack 651, said. "The Cub Scouts passed on what they learned to the other boys who were not able to attend, and truly enjoyed themselves. They said they look forward to going back next year," Carter said.

"I believe the school-business partnership between AEC and Edgewood Elementary has perpetrated science concepts and interest throughout our school," said EES principal Allyn Watson. "We are brought together as a learning community to support student learning and, as always, the professionals of AEC are extremely knowledgeable and personable."

Edgewood Elementary School and AEC began their partnership program in 1997. Every year since then, the commander of AEC has signed an agreement with the school's principal, pledging to support the school's children and to share knowledge of the environmental sciences with the school's students and teachers.

Activities in the past have included a reading program, an Earth Day activity and a mock trial.



# ATC director decorated for civilian service

**Susan Hagan**  
ATC

In a Pentagon ceremony honoring the Army’s best, James Fasig, U.S. Army Aberdeen Test Center’s technical director, received the Army Decoration for Exceptional Civilian Service, March 7.

This is the highest Department of the Army honorary award granted by the Secretary of the Army. Nominees for the award must have established a pattern of excellence and achievement that normally would have been recognized by previous awards up to and including the Meritorious Civilian Service Award.

“It was a tremendous honor [to receive the award]. At the time, I sort of reflect on why I would get that,” Fasig said.

He credits his wife, Scotty, for helping him to receive the award.

“She’s been key to everything I’ve ever done,” Fasig said.

He also credits the workforce at ATC for helping him. He described them as willing to tackle any job, no matter how

daunting, and make it work.

“Without that kind of support, no one can get an award,” he said.

Fasig also recognizes the Army leadership for allowing the command to take risks.

Fasig has been employed at ATC since 1962, when he was hired as a test director, Fire Control. He became ATC’s technical director in 1994.

As technical director, Fasig’s describes his job as being a champion or cheerleader for the command to the outside world. He said he provided leadership, a sense of direction, and knowledge so that the workforce could reach its objective.

“I don’t do the work myself,” he said, “I work to make things happen.”

In his opinion, one of his greatest accomplishments at ATC has been hiring good people for the test center. He feels fortunate in hiring “good, motivated, brilliant” people with “good work ethics.”

“It makes the job so much easier [working with good people],” he said.

Throughout his career at ATC, Fasig’s accomplishments include initiating new organizational initiatives devised to improve customer service and reduce test conduct costs, leading the way for ATC’s being named a Department of Defense Reinvention Laboratory, being a key advocate for new facilities initiated and/or completed during his tenure and being a key catalyst in the development of a new vision for ATC.

Before retiring, Fasig would like to see VISION, or Virtual Information System Integrated Online, well grounded, and would like to set up a limited liability corporation that has been proposed as part of a Defense Department pilot program.

Fasig holds a bachelor’s in engineering from the University of Michigan and a master’s in science and administration from Central Michigan University. He has also completed numerous short courses related to test and evaluation and systems analysis as well as numerous managerial and executive courses.

## Easter

*From front page*

soon will be heading overseas.

“Blessings to you and blessings to them as we celebrate this Easter,” Doesburg said.

Following a responsive reading, led by Maj. Ernest Vermont, 61st Ordnance Brigade chaplain, the Aberdeen Gospel Choir performed a moving rendition of the song “Because He Lives.”

Maj. John Griessel, chaplain and ethics instructor, U.S. Army Ordnance Center and Schools, read from the Old Testament and Father Joe DiGregorio, Catholic Parish Priest, delivered the pastoral prayer.

“Today is the day of Easter joy,” DiGregorio said. “May we share a renewed spirit of hope that we may fulfill His desire for every person on earth.”

A stirring “Resurrection Medley” performed by the APG Protestant Choir fol-

lowed a New Testament reading by Lt. Col. Lonnie Southern, National Guard Mobility Unit chaplain.

The guest speaker was Col. Vince Ingheltere, chaplain, U.S. Army Materiel Command.

He related the story of a teenager who died in 1997 after writing an essay called “The Room,” his conception of heaven.

“The room was a place between wakefulness and the dream state that is filled with countless card files filled with the episodes, memories and people of his life,” Ingheltere said.

In his essay, after going through the files and reliving hundreds of sins and embarrassing moments, the boy wrote that Jesus entered the room and read the files, as he stood helplessly by, ashamed and embarrassed.

“Jesus began signing his name on each file card,” Ingheltere read. “His name covered mine. It was written in His blood.”

“Easter is each one of us here entering his own room,” Ingheltere concluded.

“May this world, this day,



Photo by YVONNE JOHNSON  
*Lt. Col. Lonnie Southern, Army National Guard chaplain for mobilized units on Aberdeen Proving Ground, delivers a reading from the New Testament during the Easter Sunrise Service on Fanshaw Field.*

deluged in sin and despair, be washed clean by the cleansing tide of His blood.”

In closing, Father John Bauer, Parish Priest gave the benediction, asking for, “grace to live the gospel and persevere.”

“May the peace and love of the risen Christ be with you and your families now and forever,” he said.

With another successful sunrise gathering at an end, organizers said they were pleased with the result.

“It was very well attended despite the rainy forecast,”

said Col. Larry Robinson, SBCCOM Chaplain. “This is always a great time to gather together as a community.”

“The guest speaker’s comments were powerful and having the commanding general here added so much to our time together,” Kolenbrander added.

The 389th Army Band (AMC’s Own) Brass Ensemble provided the music.

A light breakfast in the Aberdeen Area Chapel’s fellowship hall followed the service.

# Commentary

## Abuse has long-lasting effects

Maj. Anthony Cox  
CHPPM

A few years ago, the tobacco companies suddenly confessed that they had known for years that smoking was unhealthy. We were shocked. How could they deceive us? Now we were addicted and without any knowledge of the harm... or, did we know all along? Hadn't health officials, religious leaders, and our mothers counseled us not to start? Denial and "looking the other way" remain factors in our society today.

Once a year, we celebrate Child Abuse Prevention Month. Army Community Service and other helping agencies offer classes that are lightly attended, and a few people sport little blue ribbons on their nametags or clothing.

For most of us though, the month will pass unimpeded with thoughts of children and their needs beyond those of our own family. We know intuitively that abuse is wrong, but what we are now learning is just how damaging it can be beyond childhood.

In a large study, researchers linked many of the leading causes of adult death to childhood abuse and early home problems. They noted that psychological, sexual, and physical abuse is strongly associated with adult problems.

These include substance abuse, depression, suicidal issues, smoking, poor self-reported health, sexual promiscuity, sexually-transmitted diseases, obesity, lack of proper exercise, heart disease, cancer, chronic lung disease, liver disease and skeletal fractures.

We have learned over the years that second-hand smoke is unhealthy. Similarly, these researchers found that growing up in a home with domestic violence, substance abuse, mental illness, suicidal issues, or criminal activity is also associated with the same adult problems

previously mentioned.

Together, these "adverse childhood experiences," or "ACEs," are fairly common. More than half of the participants in the study had experienced at least one ACE, and more than one person in four had experienced two or more ACEs - putting them at two to three times the risk for adult health problems as compared with those who had not experienced an ACE.

Other studies reveal that chronic depression, marital problems, high use of medical care, and certain unexplained physical symptoms are also significantly linked to childhood trauma.

And, this is not just a civilian problem. Many servicemembers experienced ACEs prior to joining the military. Various studies have reported levels of early childhood sexual abuse, physical abuse and neglect at twice the national average.

Beyond personal suffering, high rates of prior trauma leave deep and widespread emotional damage and personality problems. This damage hurts readiness and retention, decreases unit cohesion, and may ultimately place these soldiers at greater risk in combat since there is evidence that servicemembers with a history of childhood trauma may be at increased risk of developing combat-related post-traumatic stress disorder.

These are serious matters. If we want a better life for our families, and ourselves, we need to work through past experiences. If we change, our children have a much better chance of growing up free of ACEs.

Sept. 11 brought renewed focus on those who terrorize our country. If we really want to stamp out terrorism, perhaps we should start in our homes.

Help is available by calling your local Army Community Service or medical clinic.

## Spesutie Island Boating Activity accepts applications

The Spesutie Island Boating Activity, or SIBA, is accepting applications for the 2002 season. Membership requirements include possession of a government identification card, boat registration, and proof of insurance.

Costs are:  
For a moored boat - \$11 per foot.  
For a boat on trailer in parking lot space - \$8 per foot.  
For ramp access only - \$7.50 per foot.  
Members perform eight hours of work for the club and stand security watches.

Membership is open to active duty military, full-time Army National Guard, retired military, Department of the Army civilians employed at APG, retired APG civilians, and full-time contractors with government ID cards. Details can be found in Army Regulation 215-27. Applications can be



picked up at the SIBA clubhouse, building 36, or at Outdoor Recreation.  
For more information, call Outdoor Recreation, 410-278-4124.

## AFTB

From front page

"There are still things I'm finding out," said the program manager.

Married while Master Sgt. Ron Jackson was in basic training more than 26 years ago, Jackson said the AFTB program did not get off the ground until she and the family had been in the military for nearly 15 years.

Living off post for their first assignment, Jackson remembers being miffed when her husband called home one Friday and said he would not be home until late because he was "going to a 'GI' party."

"I was thinking, here I am watching a baby and doing housework and he's going out partying with his buddies," she said. Fortunately her neighbor saw her distress, and explained that a 'GI' party was mandatory cleaning.

"There were a lot of things I didn't know for quite a while," Jackson said. "I didn't know that spouses could get legal assistance. I thought that was just for soldiers. I didn't know that you could ask for a particular doctor when you made an appointment. I thought you

had to go to whoever was assigned. And I didn't know you could request certain things be stocked by the commissary," she said.

Volunteers, many of who have been military spouses for many years, teach AFTB programs. Speaking from a wealth of experience, the instructors review information with attendees, offer solutions based on their experiences, and welcome input from other attendees.

"The classes are open to newcomers, but also to those who already know something about the military and just want to know more," Jackson said.

Classes offered through AFTB include those geared toward soldiers and civilian employees, but the emphasis is placed on classes for family members, who are often left guarding the home front while their spouse is away, at a loss as to where to go for help and information. Classes, from introductory through advanced, include courses on adapting to military life, accepting challenges, managing change and developing life skills such as balancing a checkbook and other financial issues. Some subjects offered include an overview of the organization of the Army, an

explanation of military acronyms, customs and courtesies, chain of command and chain of concern explanations, and benefits and entitlement issues such as the advantages of using the local commissary and post exchange. Intermediate and advanced classes on leadership, managing conflict, networking and problem solving are offered, in addition to those offering ideas on building effective family readiness groups and planning workshops.

Trained instructors with a background of knowledge and personal experience teach all classes. Question and answer periods are highly encouraged as a part of each session.

"There's been more of a focus on AFTB since September 11," Jackson said, adding that knowing where to turn for information is a part of each class.

"We encourage anyone who wants to learn about the Army to attend," she said.

Classes can be previewed at [www.aftb.org/home.asp](http://www.aftb.org/home.asp), and are available in Spanish as well as English.

For more information or to volunteer to help with the program, contact Jackson at 410-278-3464.

## Letter to the editor

### Subject: Fishing in security area

I've recently found out APG is going to have a spring turkey hunt.

As you know everything has been closed since September 11th. We have all done our part since then and I haven't heard anyone complaining about the areas being closed because we all understand why.

But when only certain

things are allowed to open, it doesn't make sense to me. I haven't seen turkeys taking over APG.

I don't think it's fair to only open certain activities. If they open one activity, they should open them all.

Thanks,  
Don Harris,  
410-278-2303

### Response to query:

The turkey season is a prelude to the autumn deer hunt-

ing season and allows for testing the new procedures coordinated with the Aberdeen Test Center and other security offices.

Fishing in Aberdeen Proving Ground waters is prohibited while the installation remains under Force Protection Charlie.

For more information, contact Jim Pottie, fish and wildlife biologist, 410-436-4841.



# Sports & Recreation

## Maryland All-American visits APG youth



Photos courtesy of ERIC HENDERSON  
University of Maryland linebacker E.J. Henderson, left, and his father Eric Henderson, center rear, pass out trash bags and gloves to Aberdeen Area Youth Center youths during a visit to the center. E. J. Henderson is ACC player of the year and an Aberdeen High School graduate.



The Atlantic Coast Conference Player of the Year and Defensive Player of the Year awards and the NCAA All-American award were displayed along with E.J. Henderson's Maryland Terrapin helmet during his March 9 visit to the Aberdeen Area Youth Center.

**Yvonne Johnson**  
*APG News*

Eric Henderson said he knew his son was a good football player, but even he never envisioned him being named the Atlantic Coast Conference, or ACC, Player of the Year, and Defensive Player of the Year or a National Collegiate Athletic Association All-American and one of the top three linebackers in the nation.

Henderson, a child and youth services sports assistant/instructor at the Aberdeen Area Youth Center, is the father of E.J. Henderson, the University of Maryland middle linebacker who led the Terrapins to the 68th annual Orange Bowl classic earlier this year.

The Aberdeen High School graduate visited with children at the Youth Center on March 9 to sign autographs, answer questions and help with a planned community service project on what was dubbed “All-American Day.”

Henderson, who brought his helmet and trophies with him, said he enjoyed spending time with the youths.

“It’s a big responsibility,” Henderson said. “I realize they look up to me as a role model and I take that seriously.”

He added that he advised the youths to “set goals and stick to them”.

“Develop good study habits and do whatever

it takes for you to achieve,” Henderson said. “A strong work ethic is what got me where I am today.”

Henderson said he would forego the opportunity to enter this year’s NFL draft and return to College Park for his senior year.



The elder Henderson nicknamed his son “Easy” because he was so laid back while he was growing up. He said it felt good to see youngsters looking up to his son, and he attributed his success to his willingness to listen to advice from older, more experienced people.

“People spent time with him because he was willing to listen,” Henderson said, adding that APG garrison Command Sgt. Maj. Ronald Stallings, who joined the two at the center, was one of his son’s many mentors.

“He’s as excited by his success as my family is,” Henderson said of Stallings.

He added that the planned project of policing trash from the playing fields surrounding the center was cancelled due to a downpour following the question and answer session.

According to the ACC, Henderson was the hands-on favorite for both Player of the Year and Defensive Player of the Year. Of 69 available votes for each award, Henderson received 57 and 70 percent of the votes, respectively. He became the third Terrapin to earn ACC Player of the Year honors. He also was a finalist for the prestigious Dick Butkus award for the nations’ top collegiate linebackers.

## Volleyball update



The following games are scheduled for intramural volleyball for the week of April 8 to 12.

**American Division Schedule**  
*April 8*  
6:30 p.m., NCOA vs. HHC 143rd  
7:30 p.m., Company A 308th MI vs. KUSAHC

*April 10*  
6:30 p.m., NCOA vs. Company A 308th MI  
7:30 p.m., KUSAHC vs. HHC 16th

**Edgewood Division Schedule**  
*April 8*  
6:30 p.m., Company C 143rd vs. MRICD  
7:30 p.m., Company A 143rd vs. Company B 143rd

*April 10*  
6:30 p.m., MRICD vs. CHPPM  
7:30 p.m., Company C 143rd vs. Company A 143rd

**National Division Schedule**  
*April 9*  
6:30 p.m., Company C 16th vs. USMC  
7:30 p.m., Company B 16th vs. Company E 16th  
*April 11*  
6:30 p.m., Company A 16th vs. USMC  
7:30 p.m., Company B 16th vs. Company C 16th

## Children

*From front page*

seemed to believe that home was the best place for him. I knew better and I told them so, but I was overruled. My instinct as a grandmother was not taken into account. I never saw Bubba again.

When the little girl, my 16-month-old granddaughter, was hospitalized from a severe beating — her leg broken in four places and her hand burned from the tip of her little finger to her wrist - they decided to start looking for Bubba. We learned that he had been killed, wrapped in a sheet, stuffed in a box and dumped into the Dismal Swamp three months earlier.

My life turned into physical and mental chaos. My efforts to understand became a plea to stop child abuse. I tied a blue ribbon on my van antenna to make people wonder. Why blue? I intend never to forget the battered, bruised bodies of my grandchildren. Blue serves as a constant reminder to me to fight for protection of our children.”

Display a blue ribbon and tell people what it’s about.



CIVILIAN WELFARE FUND ACTIVITIES

SUNDAY TO SUNDAY  
OCT 6 TO 13  
CWF SPONSORS  
CARIBBEAN CRUISE

The Civilian Welfare Fund is sponsoring a cruise to San Juan, Puerto Rico, St. Thomas (with an optional day trip to St. John), Virgin Islands, Martinique, Barbados and Aruba, on the Carnival ship “Destiny”, a 101,000-ton SuperLiner featuring night clubs, lounges, a two-level dining room, a large casino, pools and more. The price is \$1,199 per person (based on double-occupancy) and includes roundtrip airfare, transfers, the cruise, port charges and taxes. For reservations or more information, call Angela Keithley or Jacqueline

McKeever at 410-278-4603/4771.

SATURDAY  
NOV 30  
CWF SPONSORS DAY  
TRIP TO N.Y. CHRIST-  
MAS SHOW

The Civilian Welfare Fund is sponsoring a trip to see the “Radio City Music Hall Christmas Show” on Broadway in New York City. The price is \$110 per person and includes charter bus transportation and the ticket for the show. Time will be allotted before the show for shopping and lunch. For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

FRIDAY  
NOV 29  
CWF SPONSORS  
WEEKEND TRIP TO N.Y.  
CHRISTMAS SHOW

The Civilian Welfare Fund is sponsoring a weekend trip to see the “Radio City Music Hall Christmas Show” on Broadway in New York City. The bus will depart the morning of Nov. 29, participants will see the show Nov. 30, and return home on the evening of Dec. 1. The price per person is \$420 for a single, \$275 with two people in the room, \$225 with three people in the room and \$200 with four people in the room. The price includes charter bus transportation, ticket for the

show and hotel accommodations. For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771

SATURDAY  
MAY 11  
CWF BUS TRIP TO  
BROADWAY

The Civilian Welfare Fund is sponsoring a trip to see “42nd Street” on Broadway, in New York City. The price is \$110 per person, which includes charter bus transportation and the ticket for the show. For reservations or more information, contact Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.



APG Early Bird Softball  
Tournament

A tournament will be held Thursday, April 20 to 21, for 15-member teams at the Aberdeen Proving Ground softball fields. Cost is \$225 per team.

For more information, call Donna Coyne at 410-278-3929, or send e-mail to donna.coyne@usag.apg.army.mil.

Introduction to Golf

Two classes are offered - Sunday, April 14, 11 a.m. to 1 p.m. and Wednesday, April 24, 5 to 7 p.m. at the Ruggles Golf course. Cost is \$25. For more information, e-mail marni.allison@usag.apg.army.mil or call Marni Allison at 410-278-5567.

Horse Care and Stable  
Management

Every Saturday for three weeks starting April 20, 10 to 11 a.m. Cost is \$15.

For more information, e-mail him at charles.heinsohn@usag.apg.army.mil or call Charles Heinsohn at 410-278-3868.

Introduction to Car  
Basics

The class begins Thursday, April 11, 5 to 6:30 p.m. at the Automotive Center, building 2379. Cost is \$7.

For more information, call Marni Allison at 410-278-5567, or e-mail marni.allison@usag.apg.army.mil.

Edgewood Arts & Crafts

The Morale, and Welfare Recreation facility in building E-4440 is open to active and retired military, civilians, and contractors working on Aberdeen Proving Ground and their dependents. Hours of operation are Thursday, 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. For more information call 410-436-2153 during listed hours. Upcoming classes include:

Ceramics

A basic ceramics class will be held April 13, 10 a.m. to 1 p.m. This class teaches the basics of mold pouring, glazing and painting. The cost is \$7 plus supplies.

Porcelain dolls

A beginning porcelain doll

class will be held April 5, 12 and 19, 5:30 to 8:30 p.m. Cost is \$30 plus supplies. Class participants will make a Sugar Britches doll. Class size is limited and registration is required. This is a progressive class so participants should plan on attending all three sessions.

Woodshop orientation

The woodshop will hold a safety orientation April 6, 9:30 to 10:30 a.m. The cost is a \$3 user fee. This class is required to work in the woodshop.

Stained glass

A beginning stained glass class will be held April 20, 9 a.m. to 1 p.m. and May 19 from 9:30 a.m. to 1 p.m. Students will make a simple suncatcher using the copper foil method. Cost is \$25 and includes supplies.

Framing

A beginning matting and framing class will be held April 25, 5 to 9 p.m. Students must bring an 8 inch by 10 inch picture to class to frame. Register in advance, because class size is limited. The cost is \$15 plus supplies.



# Community Notes

**THURSDAY  
APRIL 4  
DISCUSSION ON COLON CANCER**

The Aberdeen Proving Ground Committee for the Disabled presents Lorine Kirby, of the Baltimore County Health Department Regional Coalition for Colorectal Cancer and the American Cancer Society, speaking on colon cancer at 2:30 pm, at Top of the Bay.

The presentation is open to the entire APG community. For more information, call Angela Cheek, 410-278-1140. (This presentation is intended to provide educational information. It is not an APG endorsement of the American Cancer Society.)

**FRIDAY  
APRIL 5  
COUNTRY HOE DOWN**

The Harford County Country/Western Dance Association, a non-profit organization, sponsors country western dancing each Friday at the American Legion located on Parke Street in Aberdeen. Dancing will be held 7:30 to 11:30 p.m. Everyone is welcome. Cost of admission is \$8 and includes draft beer, soda, chips and pretzels. For more information, call 410-272-8318.

**SATURDAY  
APRIL 6  
WACVA MONTHLY MEETING**

The Women’s Army Corps Veterans’ Association Maryland Free State Chapter #70 will hold a meeting at 10 a.m. at the Aberdeen Senior Citizen Center. All women who have served or are serving in the Women’s Army Auxiliary Corps, Women’s Army Corps, Regular Army, Army Reserve, Army National Guard and Army Nurse Corps are welcome to attend. Also welcome, as associate members, are women of the Navy, Marines, Air Force and Coast Guard.

For more information about the association, contact Wanda Story, 410-272-5040 or visit Web sites **www.wacva.com** or **www.armywomen.org**

**KEEP THE FIRE BURNING**

The Protestant Women of the Chapel will host a daylong seminar at the Post Chapel, 9 a.m. to 5:30 p.m. Two speakers will address what it means to have passion for your husband and what that has to do with your walk with the Lord; how we show Christ’s character to those around us; and fixing our eyes on Jesus - in our relationships. The seminar includes a soup and salad lunch and free child care. Reservations for child care should be made in advance by calling Nancy Brugh, 410-272-1098, or Machele Washok, 410-272-0519.

**WEDNESDAY, FRIDAY, SATURDAY  
APRIL 5, 6, 10, 12, 13, 19, 20  
LOCAL PLAY FEATURES APG PLAYERS**

The Tidewater Players presents “Nunsense,” a musical comedy by Dan Goggin, at the Havre de Grace Old Opera Hall. The play, directed by Laurie Starkey, features six local actors, some of whom performed with the former Aberdeen Proving Ground players. Play dates are April 5,6,12,13, 19 and 20, 8 p.m., April 10, 2 p.m., and April 7 and 14, 3 p.m. The cost is \$10. For information or reservations, call 410-939-5046/0430.

**SUNDAY  
APRIL 7  
BASKET BINGO**

American Legion Post 194, Rising Sun, is sponsoring a basket bingo. Games begin at 3 p.m. For more information, call 410-658-3915. Proceeds will benefit Boy Scout Troop 28.

**WEDNESDAY  
APRIL 10  
AFTB CLASS ON CUSTOMS AND COURTESIES**

An Army Family Team Building class will be held from 6 to 7:30 p.m. at Army Community Service, building 2752. AFTB provides training for a way of life that prepares everyone in America’s Army to function at its highest level, in any situation, with minimal outside support. Class topics include military terms and acronyms, customs and courtesies. R.S.V.P. by April 8 to Diana Jackson, 410-278-2464. AFTB classes will continue on Wednesday, April 17 and 24.

**EA-OWC LUNCHEON**

The Edgewood Area Officers’ Wives Club monthly luncheon will be held at 11 a.m. at Bulle Rock Golf Course, on Route 40 between Aberdeen and Havre de Grace. The program will feature an antiques expert who will offer appraisals prior to the lunch and after the program. The leader of many buying tours to Europe, the speaker is an expert on antique glass and will cover a history of American-made glass from the late 1700s through the 1900s.

Luncheon entrees include a choice of a Philly cheese steak wrap for \$14.08, grilled chicken Caesar salad for \$13.41, or Bulle Rock grilled chicken for \$12.45. The price includes tax, gratuity, and unlimited coffee, hot or iced tea and lemonade. Reservations with entree selection should be made no later than April 4 by e-mailing Linda Kuchar at linku2000@aol.com, or calling 410-838-5265.

**SATURDAY  
APRIL 12  
BAKERFIELD ELEMENTARY SCHOOL BINGO**

Basket Bingo to benefit the Bakerfield Elementary School will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call Sandy Pierce, 410-273-7184.

**WEDNESDAY  
APRIL 17  
AFTB CLASS ON IMPACT OF THE MISSION ON FAMILY LIFE AND CHAIN OF COMMAND**

An Army Family Team Building, AFTB, class will be held 6 to 7:30 p.m. at Army Community Service, building 2752. AFTB provides training for a way of life that prepares everyone in America’s Army to function at its highest level, in any situation, with minimal outside support. Class topics include chain of command and concern and impact of the mission

on family life. R.S.V.P. by April 15 by calling Diana Jackson, 410-278-2464. The final class in this series will be held April 24.

**THURSDAY  
APRIL 18  
TEEN JOB PREPARATION WORKSHOP**

The Army Community Service Employment Readiness Program, Child and Youth Service Liaison/Youth Education Services, Bel Air Workforce will sponsor an Aberdeen Proving Ground Teen Job Preparation Workshop, 4 to 6 p.m., at the Aberdeen Area Youth Center, building 2522. Topics include resumes, paychecks, interview skills, job skills and completing applications, and will assist in giving all youth the greatest possible opportunity to achieve their highest potential in learning and working.

For more information or registration, call Marilyn Howard, ACS Employment Readiness, 410-278-9669, or Ivan Mehosky, CYS School Liaison/Youth Education Services, 410-278-2857.

**FRIDAY  
APRIL 19  
BASKET BINGO**

Basket Bingo to benefit Aberdeen High School soccer will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen, at 7 p.m. Doors open at 6 p.m. Food, drinks and baked goods will be available. Tickets cost \$10. For information or tickets, call Brenda Conjour, 410-273-7332.

**SATURDAY  
APRIL 20  
WALK FIVE MILE TO CURE MULTIPLE SCLEROSIS**

Do something healthy for yourself and your community at the Maryland Chapter of the National Multiple Sclerosis Society’s ‘MS Walk in Bel Air,’ starting at Bel Air High School. By walking five miles, you not only keep in shape, but get the chance to help local residents living with MS.

The National Multiple Sclerosis Society is dedicated to ending the devastating effects of multiple sclerosis. The society is the leading provider of information and programs for people with MS and their families as well as the supporter of more MS research projects than any other voluntary MS organization in the world. For more information, visit [www.nationalMSSociety.org](http://www.nationalMSSociety.org) or call 1-800-FIGHT-MS.

**SUNDAY  
APRIL 21  
HARFORD CHORAL SOCIETY SPRING CONCERT**

The Harford Choral Society spring concert will be held at 3 p.m. at St. Mary Magdelene Mission of St. Margaret, 1716 Churchville Rd., (Rt 22), Bel Air. The cost is \$12.50 for adults, \$10 for seniors and students over 15. Tickets are available at Preston’s Stationary, Music & Arts in Festival at Bel Air, at the door, or by calling Mindy Elledge, 410-939-0338.

**WEDNESDAY  
APRIL 24  
ASMC LUNCHEON**

The American Society of Military Comptrollers, Chesapeake Chapter, will host a luncheon at the Gunpowder Lounge, Top of the Bay, Aberdeen Proving Ground, 11:30 a.m. to 1 p.m. Buffet style luncheon is pay as you go. Chapter president, David Mike, will speak on the upcoming 2002 Professional Development Institute seminar to be held in Denver, Colo., May 28 to 31. If interested in attending, contact your ASMC representative.

**AFTB CLASS ON COMMUNITY RESOURCES**

An Army Family Team Building, AFTB, class will be held 6 to 7:30 p.m., at Army Community Service, building 2752. AFTB provides training for a way of life that prepares everyone in America’s Army to function at its highest level, in any situation, with minimal outside support. Class topics include military and civilian community resources and the Army Family Action Plan, or AF AP R.S.V.P. by April 22 by calling Diana Jackson, 410-278-2464.

**THURSDAY  
APRIL 25  
‘ONE WAY 2 PLAY-DRUG FREE’**

Child and Youth Services Division, the Chaplain Activities Office, and the Fellowship of Christian Athletes is sponsoring “One Way 2 Play-Drug Free,” a program to confront the problem of drugs and alcohol among young people. It consists of three key ingredients: faith, commitment and accountability, and goes far beyond ‘just say no’ by helping create a positive peer pressure group through accountability to others in a group or team.

Steve Fitzhugh, a former Denver Broncos National Football League football player, will speak at the Aberdeen Proving Ground Post Theater, 7 to 8:30 p.m. Fitzhugh is one of the nation’s most effective youth communicators, bringing unparalleled passion to the critical issues of today. He engages the most difficult to reach students with life changing insight. His use of timeless principles when communicating with young people challenges them and leaves them excited about their lives and futures. For more information, contact Bill Kegley at 410-306-2297 or Ivan Mehosky at 410-278-2857. Youth must be at least 13 years old to attend.

**SATURDAY  
APRIL 27  
BASKET BINGO**

Basket Bingo to benefit Good Shepherd Catholic School will be held at the Good Shepherd School, 810 Aiken Avenue, Perryville, 7 p.m. Doors open at 6 p.m. Food, drinks and baked goods will be available. Tickets cost \$10; additional sets can be purchased for \$5. Tickets are available by calling Good Shepherd School, 410-642-6265 or Brenda Conjour, 410-273-7332.

**TRIP TO SIX FLAGS**

Club Beyond and the Aberdeen Proving Ground chapels are sponsoring a bus trip for middle school students (grades sixth to eighth) to Six Flags America. Meet at the Aberdeen Area Chapel at 8 a.m. Suggested donation is \$30 and includes transportation, admission and lunch. Registration deadline is April 12. For questions or more information, call Alan Leavell at the chapel, 410-278-4333. (Note: The original trip date, April 13, was cancelled by the customer and changed to April 27.)

## MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50  
Building 3245 Aberdeen Boulevard



**QUEEN OF THE DAMNED**  
**Friday, April 5, 7 p.m.**  
Starring: Stuart Townsend, Aaliyah

The Vampire Lestat has become a rock star, and it’s his music that awakens the 6,000- year old Egyptian vampire, Akasha. She soon sets out on a plan of revenge against many of the male vampires that followed her, in hope of ruling the earth with Lestat at her side. (Rated R)

**JOHN Q**  
**Saturday, April 6, 7 p.m.**  
Starring: Denzel Washington



When John Q. Archibald’s son Michael, falls seriously ill and needs an emergency heart transplant operation that John Q. can’t afford and his health insurance won’t cover, he vows to do whatever it takes to keep his son alive. (Rated PG-13)

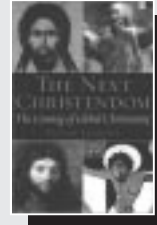
**HART’S WAR**  
**Saturday, April 6, 9 p.m.**  
Starring: Bruce Willis, Colin Farrell



Set within the Nazi concentration camp, Stalag Luft 13, Lt. Tommy Hart, a Harvard Law student before enlisting, defends an African-American Tuskegee airman accused of murder in a camp trial held by his fellow American prisoners. (Rated R)

## LIBRARY BOOK CORNER

These recently published titles are available at the APG MWR Library:



**The Next Christendom: the rise of global Christianity** by Philip Jenkins

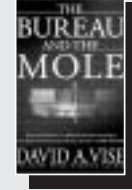


**El Nino: unlocking the secrets of the master weather-maker** by J. Madeleine Nash



**The Secret Lives of Girls: what good girls really do - sex play, aggression, and their guilt** by Sharon Lamb

**Tech TV’s Technology Survival Guide** by Lorna Gentry



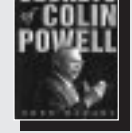
**The Bureau and the Mole: the unmasking of Robert Philip Hanssen, the most dangerous double agent in FBI history** by David Vise

**Losing My Mind: an intimate look at life with Alzheimer’s** by Thomas DeBaggio



**The Floating Brothel: the extraordinary true story of an eighteenth-century ship and its cargo of female convicts** by Sian Rees

**Baking By Flavor: a collection of over 250 luscious desserts arranged by flavor - from chocolate and vanilla to lemon and buttercrunch** by Lisa Yockelson



**The Leadership Secrets of Colin Powell** by Oren Harari

**Samurai: the weapons and spirit of the Japanese warrior** by Clive Sinclair



You can receive a complete listing of the library’s new materials via e-mail and also reserve items electronically. Contact the library for details.

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday, 1 to 5 p.m., Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m.

The Edgewood Area library is only open on Tuesday, 11:30 a.m. to 6:30 p.m.

**FRIDAY  
MAY 10  
BASKET BINGO**

Basket Bingo to benefit Savannah Bound Girls will be held at the Elk’s Lodge, Route 40, Havre de Grace. Doors open at 6 p.m.; bingo begins at 7 p.m. Tickets cost \$10; additional sets are sold for \$5. Food, drink and baked goods will be available. For tickets, call Brenda Conjour, 410-273-7332.

**FRIDAY  
MAY 17  
BASKET BINGO**

Basket Bingo to benefit the U.S. Army Center for Health Promotion and Preventive Medicine Organization Day will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen. Doors open at 6 p.m.; bingo begins at 7 p.m. Tickets cost \$10; additional sets cost \$5. Food, drink and baked goods will be sold. Tickets are available by calling Anne Gibson 410-378-3338 (home), 410-436-2800 (work), or Brenda Conjour, 410-273-7332.

















# Army News



## MPs guarding Taliban in Cuba ‘firm but fair’



Photo by PATRICK SIMOES  
Pfc. Mitchell Jeffers, left, and Staff Sgt. Richard Sitton of the 401st MP Company demonstrate putting shackles on Staff Sgt. Chad Laws. They explain the importance of double locking - it prevents handcuffs from getting tighter and making cuts on the detainees and makes handling detainees safer because they can't get out.

**Patricia Simoes**  
*Army News Service*

Military police, or MPs, now provide day-to-day security for about 300 Al Qaeda and Taliban detainees inside Camp X-Ray, Guantanamo Bay, Cuba, and officials say any allegations of inhumane treatment are absolutely false.

“There were people making comments on the job soldiers and Marines were doing who had never been to Camp X-Ray,” said Col. Terry Carrico, the joint detention operations group commander, who until Jan. 6 was the III Corps and Fort Hood provost marshal and still commands the 89th MP Brigade there.

“We knew we were doing what’s right,” Carrico said. “Luckily we were able to get people to come down and walk through the camp - congressman, leaders of the military - and they supported what we were doing.”

“The average American probably thinks we are doing too much for the detainees,” Carrico said. “But we are a nation of laws - no matter what we personally feel, and we all have feelings, we have to do this professionally, and soldiers are doing that.”

About 1,500 servicemembers now make up the joint task force at Camp X-Ray, including five MP units: the 401st MP Company from Fort Hood, Texas, the Army

Reserve’s 414th MP Company from Missouri, the National Guard’s 115th MP Co. from Maryland, the Army Reserve’s 339th MP Co. from Iowa and the 988th MP Co. from Fort Benning, Ga.

The next stage of the detention operation is to move detainees from Camp X-Ray to a more permanent facility at Radio Range, Carrico said. The new facility will have room for about 100 additional detainees with the potential to expand, and Carrico said he is hoping to move the operation there in about six weeks, when construction is complete.

Carrico said his greatest concern right now is complacency.

“I tell the leaders everyday to stay on top of our soldiers and don’t let them become complacent in the security procedures,” he said.

The message seems to be getting across.

“Complacency would be a problem if we didn’t talk about it, but we get briefed on it all the time,” said Pfc. Jesse Deets. “We talk about how when you go in there you have to be on your guard all the time.”

It’s easier to keep that attitude throughout the shift now that the soldiers are working 8-hour shifts instead of 12-hour shifts, Deets said.

With the arrival of Guard and Reserve units, the 401st MPs have been able to work

five days on and two off, or at the worst six on and two off.

The soldiers know the detainees are dangerous.

“There have been several instances in which they’ve said ‘I’m going to kill you’ or that they will kill an American while here,” Carrico said. “I’m sure that makes the soldiers think about the seriousness of what they are doing.”

“{If} someone looks you in the eyeball and says ‘I’m gonna kill you,’ you are gonna do everything in your power to make sure that doesn’t happen,” he said.

Spc. Richard Scarborough knows the danger the detainees represent first hand.

In the early stages of the operation, he went into a cell with other soldiers to contain a detainee who was being “rowdy,” and got bitten by the detainee.

“He bit down pretty hard - he bit through my sleeve,” Scarborough said. “I had to wait until other soldiers had him under control before I could free my arm, otherwise the detainee could be a danger to the other soldiers also.”

The soldier received medical attention and was tested for several different diseases.

Now the detainee apologizes every time he sees Scarborough, who still has a scar on his arm near his wrist.

That was the only serious incident at the camp, Carrico said.

There are always two soldiers going into the cell and one holding the door when they need to see a detainee said Staff Sgt. Richard Sitton.

“We must go in expecting anything,” he said. “Take nothing for granted.”

For the most part the detainees are cooperative.

The soldiers interact with detainees every day, telling them what to do and where to go, Sitton said.

The detainees continually ask the soldiers their names and where they are from, but the soldiers don’t answer, Sitton said.

The soldiers only talk to detainees if they need medical attention, have a problem, need to talk to the Red Cross or need other type of attention.

The detainees talk to each other, but those who work at the camp believe an escape is impossible.

“I have all the confidence that, with the procedures we have in place, nobody is going anywhere,” Carrico said.

“If we maintain the standards we came in with - firm, fair and humane - we are not going to have an issue,” Carrico said.

(Editor’s note: Patricia Simoes is with the Ft. Hood public affairs office and just returned from her second trip to Guantanamo Bay.)

## Soldiers magazine chronicles Army in Afghanistan, Greece

*Army News Service*

Stories on Army activities in Afghanistan and Greece, and on Army initiatives that will shape automobiles of tomorrow are only some of the features appearing in the April issue of Soldiers magazine.

Through never-before-seen photographs and compelling first-person accounts, Soldiers’ photo editor Staff Sgt. Alberto Betancourt takes readers directly to the War on Terrorism’s front lines, in Afghanistan with members of the 101st Airborne Division. In “Task Force Rakkasans,” Betancourt chronicles the division’s 3rd Brigade Combat Team, and in “MPs in Afghanistan,” he tells how the 519th MP Battalion secures the Kandahar detainee facility.

For a look at service in a warmer climate, writer Beth Reece takes readers to Greece to showcase the soldiers assigned to NATO’s Joint Sub-Regional Command, South Central, in Larissa. “Duty in Greece” provides an overview of the command’s mission and soldiers’ contributions to it. “Exploring Greece’s Past and Present” reveals some of the fantastic cultural and travel opportuni-

ties soldiers can take advantage of in their off-duty time.

Then for a look at the future, the Army Tank-automotive and Armaments Command’s Dennis Ward introduces soldiers to the hit of

Other features appearing in April include a look at the “Verminator” of Vincenzo, Italy, Franco Lidron, who is the man to call when pesky intruders are spotted on Caserma Ederle. Then, “Forward Eyes and Ears” looks at the tactical counterintelligence agents headquartered in Darmstadt, Germany, the soldiers of the 165th Military Intelligence Battalion.

The April issue of Soldiers also includes this year’s Earth Day poster plus usual department entries highlighting activities of Army people and organizations around the world.

To read the March issue of Soldiers, which covered the 200th anniversary of West Point, visit Soldiers Online at [www.soldiers-magazine.com](http://www.soldiers-magazine.com).

(Editor’s note: Soldiers managing editor Gil High compiled this report. The distribution of Soldiers magazine’s April issue began March 25, but installation delivery dates vary depending upon location.)



The April issue of Soldiers magazine is now available.

this year’s Detroit Auto Show - the Army’s SmartTruck. The concept vehicle is being developed for the urban battlefield, but many of the technologies being tested in it will make the next generation of passenger cars longer-lasting, safer and easier to maintain.

## DACOWITS to be revitalized

*Department of Defense*

The Department of Defense announced a new and enhanced role for the Defense Advisory Committee on Women in the Service, or DACOWITS, which will be revitalized in an effort to make it more relevant, efficient and effective.

The 53 year-old charter, under which DACOWITS operated, focused on attracting more women to military service. Today’s military, with more than 200,000 women currently on active duty, bears little resemblance to that of 1951. Accordingly, the Defense Department has developed an improved char-

ter to better address the needs and professional development of women in the military.

The committee’s new charter will also broaden its focus to include improving conditions for those who serve and their families, whose sacrifices are yet another form of service to the nation.

The revised charter sets a priority on recruiting and retaining highly qualified professional women while considering the treatment, employment, integration, and well being of female servicemembers.

The new charter is at [www.dtic.mil/dacowits/charter.html](http://www.dtic.mil/dacowits/charter.html).

## New Accessions Command helps Army Recruiting at all levels

*MilitaryReport.com*

Stars and Stripes reports that the Army has inaugurated its newest command, which combines recruiting efforts for both the officer and enlisted corps.

The U.S. Army Accessions Command, or AAC, was activated March 25 with ceremonies at its Fort Monroe, Va., headquarters. The new command is comprised of the U.S. Army Recruiting Command at Fort Knox, Ky.; the U.S. Army Cadet Command at Fort

Monroe, Va.; and the U.S. Army Training Center at Fort Jackson, S.C. Officer Candidate School, Fort Benning, Ga.; and Warrant Officer Candidate School, Fort Rucker, Ala.

The mission of the new command is to “produce the right soldier, at the right place, at the right time, with the right competencies.”

The command will look at the Army’s newest training innovations, including “assignment-oriented train-

ing,” which focuses on developing skills soldiers will need in their first assignments.

The new approach, being tested in a pilot program using Signal Corps soldiers assigned to the 31R military occupational specialty at Fort Gordon, Ga., can dramatically chop training cycles - in the case of the 31R group, from 13.6 weeks to 9.6 weeks.

For more on AAC, see <http://www.dtic.mil/armylink/news/Mar2002/a20020326aac.html>.

## LEAVE DONATION

### Employees eligible for donations in the Voluntary Leave Transfer Program are:

Fay Walker Banker (hip replacement)  
Marian Bellis (fracture of left tibia)  
Bonnie Bromley (liver transplant)  
Daniel Brown (father has emphysema)  
Tammy Budkey  
Jane E. Calahan (surgery)  
Nancy Coleman-Jones (surgery)  
Tracy H Coliano-Hirsch (maternity)  
Geraldine S. Cragg  
Dawn M. Crouse (surgery)  
Rene de Pontbriand  
Tricia Lin Dietz

Fred Dill  
Joseph R. Dugan  
Messina Enderlein  
Wayne Erb (wife is ill)  
Denise M. Fox (maternity leave)  
Joyce C Green  
Michael L. Hitchcock (surgery)  
Fern L. Hitchcock (surgery)  
Melanie A. Hoffman (paras-inusitis, fibromyalgia condition)  
Nina M. Holley  
Beverly A Higgins (surgery)  
John C. Houck  
Stephen Howard (bone marrow transplant)

Wayne A. Jaynes  
Evelyn K. Johnson (surgery)  
Marlin Julian (heart surgery)  
Mary B. Kane (surgery on leg)  
Jennifer Keetley (maternity)  
Beverly King (caring for husband)  
William Klein  
Nicole L. Klein (broken ankle)  
Carrie L. Lambert  
Yvonne Lissimore (knee surgery)  
Angela R. Little (neck and shoulder injury)

Edna L. Lobodzinski (eye surgery)  
Geraldine Martin (surgery)  
William B. McLean (kidney failure)  
Rebecca G. Mercer-Leto (heart attack)  
Stacy Miller (maternity)  
Sandra W. Miller (back surgery)  
John E. Mogan (surgery)  
Cecil Pennington (surgery)  
Debi L. Petosky (back surgery)  
Karen S. Pense  
Mary E. Pettitway  
Barbara Carol Remines (surgery)

Angela L. Reeves (maternity leave)  
Michael Reynolds  
Boyd J. Richards (care of mother)  
Denise Robinson (maternity)  
Ricky Ross (heart attack)  
Tami C. Rowland (maternity)  
Allan Scarborough (back surgery)  
Jennifer W. Sekowski  
Sherry Schaffer  
Lena Shelton  
Motoko Stahl  
Debra S. Stark (surgery)  
Rachel Swearingen  
Walter J. Swiderski (surgery)

Hilary P. Talbot  
Alison Tichenor (surgery)  
Sandra M. Wachter (surgery)  
Rosalind Walters-Kenion (maternity)  
Cecelia Walton (respiratory problems)  
Beverly A. Werner (surgery)  
Michael R. Willard  
Charles Young (kidney and pancreas transplant)  
Andrew M. Vaught (brain tumor removed)  
Wanda L. Waldon (surgery)  
Josephine O. Wojciechowski (care for elderly parents)

**For information about donating annual leave, call Dave Mial at 410-278-1524 or fax 410-278-7877.**



# FWP salutes Women's History Month with seminar



Photo by SHEILA LITTLE  
Janice Swinson, U.S. Army Aberdeen Test Center, breaks the wrist hold of 'aggressor' Stamford Munford, a U.S. Army Center for Health Promotion and Preventive Medicine employee and self-defense demonstration assistant. In the background is course instructor David Bish, a Kirk U.S. Army Health Clinic employee.

**Sheila Little**  
APG News

The Aberdeen Proving Ground Federal Women's Program kicked off their 12th annual training workshop in recognition of Women's History Month, March 6, at the Edgewood Area Conference Center.

The theme of this year's event was Women sustaining the American spirit. In keeping with that theme, FWP Chairperson Sheryl Coleman of the U.S. Army Research Laboratory introduced Col. Mardi U. Mark, garrison and deputy installation commander, who reviewed the accomplishments of women in her opening remarks, and reminded attendees that we learn by reviewing the past.

"By walking history's pathways we learn to take steps forward," she said. "Knowing of our past accomplishments helps build respect and self esteem."

Approximately 150 women from the Aberdeen and Edgewood areas of APG attended the all-day event, featuring seminars on business etiquette, finances, managing stress, career enhancing opportunities, self-defense, and turning goals into reality. A lunchtime seminar on diabetes was also available to attendees who were invited to bring a brown bag lunch and learn how to avoid or control the debilitating condition that has become a nationwide epidemic.

An equal mix of APG-affiliated per-

sonnel and those from outside the area taught the seminars. Returning by popular demand, David Bish, a health systems specialist at Kirk U. S. Army Health Clinic, and jujitsu instructor, taught a course on self-defense. Career Enhancing Opportunities was team-taught by Deborah Asbury and Karin Hancock from the Civilian Personnel Advisory Center. Maj. Sharon Reese, a community health nurse assigned to the U.S. Army Center for Health Promotion and Preventive Medicine, presented a seminar on how to manage stress.

Additional guest speakers included Janis Encapera, presenting Business Etiquette, Lois Phalen, discussing Taking Charge of Your Finances, and Terry Morris, talking about Turning Your Goals into Reality.

Barb Headley, U.S. Army Soldier and Biological Chemical Command, said this was her first time attending the event and she looks forward to next year's presentation. She said she found the seminar about setting goals especially helpful and inspiring.

"He (Morris) said we have to be honest with ourselves, determine what our true goals are and make a plan to accomplish it," Headley said.

Tess Ramos of the Robert Morris Acquisition Center said she attended the seminar on self-defense. Impressed with the course last year, this year she encour-

aged a good friend, Janice Swinson, to attend with her. Swinson, U.S. Army Aberdeen Test Center, and FWP committee member, said she found the programs very helpful. Listening to the business etiquette seminar in the morning, Swinson said she has since implemented a few of the communication tips, like asking more open-ended questions, with great results. She also said that the self-defense class was a great refresher for her, a former airman.

"The whole day was very enlightening. I'm definitely looking forward to next year and encouraging everyone I know to attend too," she said.

In addition to Coleman and Swinson, committee members of the FWP include Charlotte Albro, Edgewood Chemical and Biological Center; Deborah Asbury, CPAC; Patricia Belcher and Diane Siler, SBCCOM; Billie Jo Benjamin, U. S. Army Medical Research Institute of Chemical Defense; Deborah Brannigan, KUSAHC; Rita Borzatti, U.S. Army Materiel Systems Analysis Activity; Jean Buckholtz, U.S. Army Developmental Test Command; Linda Patrick and Ann Gibson, CHPPM; Sharon Coleman, U.S. Army Ordnance Center and Schools; Ellie Pfoutz and Sara Matthews, U.S. Army Evaluation Center; Linda Ruff, Northeast Civilian Personnel Operations Center; and Janet Wallen, U.S. Army Environmental Center.



Photos by YVONNE JOHNSON

Standing together at the end of a series of skits depicting situations unique to the military woman are from left, Pvt. Tiana Horne, Capt. Rotunda Prevo, Pvt. Tiana Horne, Pfc. Ola Okunaike, Staff Sgt. Farmer and 2nd Lt. Claudette Blake.



Pfc. Ola Okunaike, HHC 16th, displays the Women's Army Corps World War I winter service uniform.



Pvt. Jasmine Bodiford wears the mint green polyester uniform introduced in 1975. It included a matching skirt and jacket. That same year, the black beret became an item of issue.



Women assigned to military police units were among the first issued the 1976 green pantsuit. It was worn with either a gray-green sleeveless turtleneck tunic or a white shirt with neck tabs. The pantsuit became an item of issue in 1977. Pvt. Camilla Gissa is the model.



The brown taupe uniform, worn by Pvt. Latoya Manuel, was a breakaway from the concept of having women's uniforms resemble men's.

## Women

**From front page**

Story said the Women's Army Auxiliary Corps was established in May 1942 and that director, Oveta Culp Hobby recommended that women's uniforms be the same material and color as mens.

"This kept uniform costs low and helped women blend into the Army scene at posts and camps throughout the United States and overseas," Story said.

At the conclusion of the fashion show, members of the WACVA in the audience were invited to take the floor alongside the models wearing the uniforms of the period in which they served.

"We salute and honor you for the opportuni-

ties we have today," Roland said.

She added that a constant in the military women's legacy is her character.

"Her commitment, exemplified by loyalty, duty, respect, selfless service, honor, integrity and personal courage spans the decades," Roland said.

Femaile soldiers used a series of skits titled "Standing in the Midst of Trouble" to act out scenarios of problems unique to the military lifestyle. Challenges such as childcare, a dual military family, separation, loneliness and death were explored and then overcome as the players danced, raising clasped hands in triumph to the song "Stand" played by Daryl Coley.

Other entertainment included a recital of the poem "Phenomenal Women" by Sgt. 1st Class Karen Aaron, a solo of the hymn "He Touched Me" by Diane Whiting, and a spiritual dance to the song "Never Give Up" performed by Denise Coleman, of the Northeast Civilian

Personnel Operations Center, and Stephanie Foster, of the Product Manager for Non-Stockpile Chemical Materiel.

In her address, Grant spoke of the lessons she learned during her career.

"Women should have a life outside of the job," Grant said. "It's just as important for single women as for married. You should have something besides your career that gives you perspective and balance."

She added that it is also important to develop a group of friends as a support base; take each crisis one at a time; know yourself and play your strengths and adapt to your organization's characteristics.

"Apply the strengths you have to minimize your weaknesses," Grant said. "Understand the culture you are in. Adapt to it, or move on."

Women also should have a mentor, Grant said.

"Formal or informal, mentors are critical to

anyone's career."

Taking care of your people is the most important point," Grant said. "Remember what it was like to be the worker bee. Avoid the mistakes you saw your supervisors make; let your people do their jobs and show an interest in them."

Her final suggestion was to simply have fun.

"If you're not having fun in this organization, you shouldn't be hanging around," Grant said. "Twenty years is a long time to spend unhappy."

Evangelist Polite gave an animated talk on the importance of having a spiritual foundation. "This has been an awesome time spent," Roland said in closing the program.

Prevo noted that this, the first program by Army women at APG, was a collaborative effort by all involved, officers and enlisted.

"Everyone contributed something," Prevo said. "We felt each others' energy."